

# PoxClin®

## CoolMouse

### FOR CHILDREN WITH CHICKENPOX

- Instant itch relief
- Direct cooling and soothing effect
- Conditions the skin
- Contains Natural Ingredients

Please read these entire Instructions for Use carefully before using this product. Do not dispose of this leaflet. If you have any questions, or if you are unsure about anything, please contact your doctor or pharmacist.

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**What is PoxClin® CoolMouse used for?**  
PoxClin® CoolMouse relieves the symptoms of chickenpox and is used for rapid relief from irritation, itching and sensitivity associated with chickenpox.

**What does PoxClin® CoolMouse contain?**

- 1 foam dispenser containing 100 ml PoxClin® CoolMouse
- 1 Information leaflet

**What is chickenpox?**  
An acute, infectious disease, usually contracted by young children. Chickenpox is caused by the varicella virus. The condition is characterised by a fever and

itchy, red spots usually appearing on the chest and stomach first, and then spreading in clusters over the entire body. The red spots turn into small blisters that eventually dry up and form scabs in roughly a week. They occasionally cause scarring, particularly if scratched or if they become infected with bacteria.

#### How to recognize chickenpox:

The first visible sign of chickenpox is usually a skin rash, but some people experience fatigue and fever 24 hours prior to appearance of skin lesions (blisters). Once skin lesions are present, chickenpox are usually accompanied by a fever, abdominal pain and a general feeling of fatigue and frailty that may last for several days. The "rash" typically appears as flat red spots that become raised like small pimples. The spots develop into small blisters – called vesicles – that resemble small drops of water on a red base. The top of these vesicles are easily scratched off, but they also break open by themselves and become crusted, sometimes within hours of first appearing. Itching may be quite intense at this stage. This intense itching can increase the temptation to scratch the vesicles. If the vesicles are scratched open and left unprotected, they are often vulnerable to infection. The crusts (if not scratched) fall off in 9–13 days after formation.

#### What do the key ingredients in this product do?

PoxClin® CoolMouse contains the 2QR complex, a patented bio-active bacterial blocker derived from natural plants. 2QR binds itself to harmful bacteria, which blocks them from attacking the skin, thus reducing the chances of infection and supporting the skin's natural healing process. Other ingredients in PoxClin® CoolMouse help to cool and soothe the skin.

#### What you should know before using PoxClin® CoolMouse?

PoxClin® CoolMouse does not contain any harsh-toxic chemicals. It is safe to be used on children. No side effects are known to be related to the use of PoxClin® CoolMouse. Avoid contact of PoxClin® CoolMouse with the eyes.

When first using PoxClin® CoolMouse 2–3 pumps of the foamer may be needed for the foam to emerge.

PoxClin® CoolMouse should not be used for longer than 30 continuous days in one continuous treatment period.

No interference with other medications is known. No contraindications are known to be associated with the use of PoxClin® CoolMouse.

#### Is Chickenpox dangerous?

For healthy children chickenpox is generally no more than an aggravation. Serious complications such as skin infections, pneumonia and fevers, though rare, should be taken seriously and a GP should be seen if these symptoms are noted.

#### When to see a doctor

Chicken pox can pose a high risk to adults, pregnant woman and infants below the age of 6 months. Therefore in these cases a doctor should be consulted before using the PoxClin® CoolMouse.

Additionally, you should seek the advice of a doctor if the child seems more unwell than would be expected, if they develop a fever, if the rash spreads to the eyes, or if the skin around the spots becomes swollen, painful, or very red. Also seek the advice of your GP if you are not sure that the condition is actually chickenpox.

#### When and how should you use PoxClin® CoolMouse?

Apply at least three times a day or whenever relief is desired. For added cooling relief store PoxClin® CoolMouse in the fridge.

• **For treatment of larger areas of the skin affected by chickenpox:**  
Rub the mousse softly onto the skin. As this is a light, smooth mousse, it will be absorbed quickly and easily by the skin.

#### For prevention of scarring:

More frequent application of the mousse increases the efficacy. The CoolMouse relieves the itch and protects the skin, thus resulting in less scratching and fewer infections. It is recommended to apply the mousse prior to each time the child changes clothing and whenever relief is required.



Large areas affected by chickenpox can be relieved by PoxClin® CoolMouse.

#### Contents of the 100 ml dispenser:

The mousse dispenser contains 100 ml of the CoolMouse. The mousse is based on the patented bio-active 2QR-complex which helps to protect and soothe the irritated skin. It reduces the itching and improves the condition and texture of the skin. This product has a light and pleasant fragrance as a result of lavender and camomile extract.

#### Where to keep your PoxClin® CoolMouse:

Store in a dry and cool place. Do not use after the expiry date shown on the dispenser and on the carton packaging. Once opened use within 30 days.

#### Warnings:

- Keep out of reach of children.
- Should the PoxClin® CoolMouse enter the eyes, wash these with plenty of clean water. Should an irritation persist, seek advice from your medical practitioner.
- Children suffering from chickenpox should not be given aspirin.

#### INCI:

Aqua, Aloe Barbadensis Extract\*, Betaine, Laureth-9, PEG-40 Hydrogenated Castor Oil, Glycerin, Sodium Cocopolylglucose Tartrate, Phenoxyethanol, Panthenol, Ethylhexylglycerin, Allantoin, Chamomilla Recutita Flower Extract, Lavandula Angustifolia Flower/ Leaf Stem Extract, Polyglyceryl-10 Laurate + Aqua

\*Contains Galactarabinan Polyglucuronic Acid Crosspolymer (2QR)

 **Manufacturer/Distributor:**

 **YouMedical/Medner B.V.**

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